

What is a Formation Weekend

Formation Weekends (FWE)

- It's not a writing weekend, however, couples may find a call to writing.
- Couples can pick a topic that they need to grow in most
- Is not a coercion to write and be a presenter.
- Basis for forming community.
- Couples can get deeper into dialogue. Share deeper.
- Couples may be writing for the first time without blaming or accusing.
- Couples may develop a sense of community commitment
- Learn how to improve relationship by helping others
- Obtain Spiritual growth
- Discover change of self
- Couples get to know each other through small group sharing.
- Learn that sharing is a precious tool that someone else needs to hear.
- Learn how to share using the small group sharing guidelines.
- Learn about the big picture of the Retrouvaille ministry
- Formation weekends are for those couples still hurting. It's light in the world of darkness.

1. What is a Formation Weekend and what happens?

It's the next step in healing after the weekend and post sessions. It's for couples still looking for that magic pill for healing. It's an opportunity to turn on the light switch and get light for the rest of the journey.

Presenters: one presenting couple and priest

FWE has presentations, small group sharing, writing, and dialogue to name a few.

3. What's the benefit?

Everyone benefits; the priest and couples. It may be the first time a couple shares their story aloud. Learn new things about their spouse. If you need something more. Saturday night, reconciliation is offered. What a couple doesn't get on the weekend, they may get on a FWE; trust, forgiveness. FWE is not a writing workshop. It is an opportunity to begin healing through writing. Couples learn about opportunities to help or give back to their community.

4. Why do couples attend?

Couples hope to take their relationship to the next level. They are attracted to Retrouvaille and want to get involved, give back. Couples want to know how they got into their trouble and how to move forward. It's possible that their trouble may not have happened because of the enemy, God may have let it happen to be of benefit to others. There are thriving couples that have found their misery stage to be a blessing. Without that difficult stage of marriage, they may have never reached the closeness they have now.

5. What are the alternatives to a Formation Weekend?

There is no alternative. Writing weekends are not an alternative to a FWE.

FWE has presentations, highlights of the weekend, value of service to others small group sharing, sharing on a deeper level, spirituality, forgiveness, reconciliation.